Blueprint

Service design for children and young people's mental health

Service Mapping Exercise: Frequently Asked Questions

Q. What do you mean by 'common mental health problems'?
A. Common mental health problems are commonly occurring problems like anxiety, depression, obsessive-compulsive disorder (OCD), self-harm, psychological trauma, issues relating to gender, sex and sexuality, problems with emotions and behaviour that are often called 'emerging personality disorder', conduct disorder, oppositional defiant disorder, attention deficit hyperactivity disorder (ADHD) and substance misuse. Children and young people with these problems typically do not need to be admitted to hospital and therefore this study focuses on out of hospital (out-patient, community-based) services.

Q. What if my service also supports children and young people with other problems or diagnoses as well as the common mental health problems listed above (e.g. eating disorders or psychosis)?
A. This study focuses on the common mental health problems listed above but the service does not need to focus exclusively on these. When completing your survey response it would be helpful if you can restrict your responses to the services provided for children and young people with common mental health problems if applicable.

Q. What age range are you interested in?
A. We are interested in services for children and young people (and their families) aged 0 – 18 years. However, if you provide a service for young people up to age 25 years then this would still meet the study inclusion criteria providing the core service provision is for young people aged up to 18 years.

Q. **What geographical locations are you interested in?**
A. Due of funding limitations, the service must be located in England and Wales or, in the case of online provision, accessible by children and young people living in England and Wales.

Q. What kind of information about services do you want?
A. We want to find out what services exist, who accesses them, how children, young people and their families/carers find out about and access these services and what the services actually do, including their aims, service model and staffing profile. Where possible, we will also look at service access and economic data.

Q. Can I get part-way through the survey and return to it later?
A. Yes, if you click save at the bottom of the survey page it is possible to leave the survey page and return to where you left off at a later stage by clicking the survey link again. When you click the survey link again it will take you to the first uncompleted page and allow you to finish the survey.

Q. What happens if I want to change my responses before I submit the survey?
A. Whilst completing the survey it is possible to click the back button to go back and change responses. Once the survey is completed and submitted you will not be able to change your responses but you can contact the project researcher (details below) to submit any additional information.

Q. What if I want to provide more information than there is room for?
A. We have tried to provide open-ended text boxes to allow additional information to be added but if you want to tell us more about your service then please email the project researcher (details below).

Q. What if I want to tell you about more than one service?
A. If your organisation provides more than one service for children and young people experiencing common mental health problems you are welcome to complete more than one survey as applicable (please note multiple responses will not be allowed from the same computer). However, if you would prefer to speak to a researcher to provide this information directly, or to request a Word version of the survey, then please contact the project researcher (details below).

Q. Can I tell other people about this survey?
A. Yes, please tell anyone providing services across England and Wales. We want to be as comprehensive as possible so please feel free to distribute this survey link via any professional networks and social media channels:

Q. What will happen to the information I provide?
The University of Manchester is the data controller for this study. This means we are in charge of protecting your data and making sure it is only used for the purposes of this study. We will use the data to map services for children and young people experiencing common mental health problems across England and Wales. The purpose of this mapping exercise is to establish a picture of current provision and to develop a sampling frame to identify possible case study sites for the fieldwork stage of the project (scheduled to start in 2020).

Your data will be kept securely and confidentially in line with GDPR guidelines on a secure University of Manchester server only accessible to the project researcher. The name of the person completing

the survey and contact details will be stored separately from the service data. Your contact information will not be shared and will be deleted at the end of the project (October 2021).

Q. Who can I contact for more information?

A. Please contact the project researcher:

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