

EQUITY Newsletter #8

 EQUITY IN 2022 



WHAT DID WE ACHIEVE IN 2022?

- Recruited 17 IAPT sites across 12 NHS Trusts in England to take part in the study
- 167 Step 2 team members have attended the EQUITY workshop/training sessions aiming to enhance their knowledge of delivering psychological treatment over the phone
- Participant recruitment for the EQUITY follow-up study has commenced
- Published **three** research papers in peer-reviewed journals
- We met face-to-face in June for the EQUITY Programme Management Group meeting



- Met twice with the EQUITY Lived Experience Advisory Panel

NEXT STEPS FOR 2023

- Continuing to work in partnership with our Lived Experience Advisory Group and steering committee
- Conducting additional interviews with patients and practitioners to gather their thoughts and experiences of receiving or delivering telephone treatment
- Recruiting and collecting data from IAPT patients who agree to take part in the EQUITY follow-up study
- Speaking to new IAPT sites who would like to be part of the EQUITY trial

A special thank you to all the IAPT sites, practitioners and participants taking part, to our lived experience advisory panel and programme steering committee - we really appreciate all your time and dedication to EQUITY!

- Judith Gellatly, Programme Manager

Warmest wishes for the festive period and a Happy New Year!



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