

# AFRICAN & CARIBBEAN PARENTS' COMMUNITY EVENT

The Perinatal Mental Health and Parenting Research Unit (PRIME-RU), set up by the Greater Manchester Mental Health NHS Foundation Trust, invites you to our free online 'meet the researchers' event. All parents, expectant parents or caregivers of African/ Caribbean descent are welcome.

## WHAT IS OUR AIM?

Parental mental health research involves mostly mothers from White, Western communities. PRIME-RU wants to make research relevant and helpful for all.

Bringing people together seems like a great place to start- we hope you can join us!

## WHAT TO EXPECT:

- You will learn about PRIME-RU and our work on parenting and mental health
- You will have the chance to discuss your thoughts on parenting research
- We would like to discuss the research priorities for parents in your community
- We would like to understand how to overcome barriers to involvement in research



**24 February 2022, 10:00-11:30am**

**Online (via Zoom)**

**Details to be sent upon sign-up.**

We will reimburse you £25 for your time.  
Please let us know if you want to attend  
ASAP as we have limited places.

**Contact us to book your place ASAP to avoid disappointment**

## CONTACT US

- ✉ Email: [prime@gmmh.nhs.uk](mailto:prime@gmmh.nhs.uk)
- ☎ Telephone: 0161 271 0028
- 🌐 Website: <https://sites.manchester.ac.uk/parenting-families-research/>

