



PARENTS' EVENT FOR BLACK, ASIAN AND OTHER MINORITISED ETHNIC GROUPS

Are you a parent, expectant parent or caregiver that identifies as having an ethnic minority background- including (but not only) Black, South Asian, East Asian, or mixed heritage? Do you live in the UK?

The Perinatal Mental Health and Parenting Research Unit (PRIME-RU), set up by the Greater Manchester Mental Health NHS Foundation Trust, invites you to our free online community 'meet the researchers' event.

WHAT IS OUR AIM?

Parental mental health research involves mostly mothers from White, Western communities. PRIME-RU wants to make research relevant and helpful for all.

Bringing people together seems like a great place to start- we hope you can join us!



3 March 2022, 19:30-21:00

**Online via Zoom
(Details to be sent upon sign-up)**

**We will reimburse you £25 for your time.
Please let us know if you want to attend
ASAP as we have limited places.**

WHAT TO EXPECT:

- You will learn about PRIME-RU and our work on parenting and mental health
- You will have the chance to discuss your thoughts on parenting research
- We would like to discuss the research priorities for parents in your community
- We would like to understand how to overcome barriers to involvement in research

Contact us to book your place ASAP to avoid disappointment

CONTACT US

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